	Cogniti	ve Exe	ecutive	Functio	n Rating	g Scale	for				
Ratin	gs: Cho	ose the	e approj	priate n	umber f	or each	executi	ve fund	ction:		
	1 roblem	2	3	4	5	6	7	8	9	10 BIG p	roblem
										Family Rating	Patient Rating

		Rating	Rating
	Cognitive Executive Function Deficits		
Inflexibility	unable to take different perspective or "shift gears"		
Perseveration	"locking on" to a task or thought; "fixated;" unable to "break set"		
Planning and time management	thinking in advance; following a timeline		
Problem solving	finding solutions - "what and how do I do this?"		
Impulse control	thinking before speaking or acting		
Judgement	weighing alternatives and making good choices		
Initiation	getting things started		
Follow through	seeing tasks through to completion in a timely manner		
Complex attention and distractibility	difficulty paying attention in complex situations; cannot focus attention		
Sequencing	completing steps of a task in order		
Generating strategies	coming up with new ideas or techniques to solve problems		
Decision making	making good and realistic decisions		
Multitasking	doing multiple things well at once or "juggling balls"		
Organization	keeping things neat and orderly		
Setting priorities	completing tasks based on their relative importance		
Abstract reasoning	thinking on a general level or "outside the box"		
Concrete thinking	taking things literally and at face value		
Black and white thinking	all or nothing thinking; no grey zones		
Seeing the "big picture"	considering the many factors that go into a decision; seeing the grand scheme of things		

A Rating Scale of Cognitive Executive Function Deficits, Including Definitions